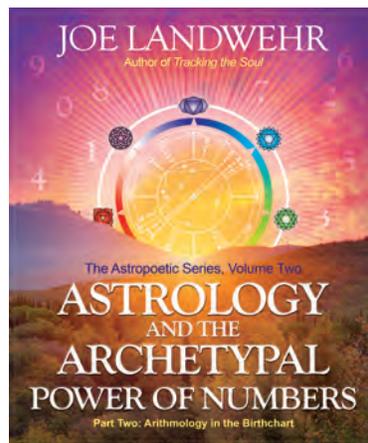


# The Astropoetic School of Soul-Discovery

## News From The Astropoetic School January 2019

Greetings from **The Astropoetic School of Soul Discovery** in the Smoky Mountains of western North Carolina, where I am learning to trust a deeper level of abundance from fat bright red cardinals feasting on winter seeds.

### The Reviews Are Rolling In



### an impressive intellectual tour de force

*Which system holds the key to understanding the universe, astrology or mathematics? Planets or numbers? Probably the best answer is "Yes." And in *Astrology and the Archetypal Power of Numbers*, Joe Landwehr masterfully brings the two systems together in a kind of divinatory Unified Field Theory. His book is an impressive intellectual tour de force, with all the principles backed up by copious chart examples. I heartily recommend it!*

Steven Forrest, [master teacher](#), author of *The Inner Sky*

### filled with many pearls of wisdom

*This is an excellent book filled with many pearls of wisdom. Be prepared for a long, satisfying journey as you read and contemplate each page. Highly recommended.*

Ray Merriman, astrologer/[market analyst](#)

## by a master storyteller

*This is an entirely new method of analyzing the birth chart. Joe illustrates each number realm with ample examples from real and famous people's lives. He is a master storyteller in this regard, which is part of the enjoyment of reading his long and very detailed book. His illustrations make the mathematical theories come to life and you begin to really understand this archetypal power of numbers that he is writing about.*

Genevieve Vierling - astrologer/[blogger](#)

## gratifying to read

*Referencing many birth charts and attendant life stories, Landwehr writes about individual souls as well as the collective memories that influence the movement of history and specific world events. These examples are gratifying to read, since he tells these life stories with many quotations from biographical and autobiographical sources, and he places these world events into substantive historical context.*

Mary Plumb - in the February/March 2019 issue of [The Mountain Astrologer](#)

## Your book is a gift - it brought tears to my eyes.

*Your book is way beyond any expectation I had. I read your brief introduction and it brought tears to my eyes . . . An enormous flood of relief washed over me as I began reading your thoughts on the need for both scientific and poetic approaches . . . Your introductory chapter was like taking a hike with new eyes for a landscape I thought I already knew pretty well . . . The chapter on Zero was another soul expansion. I just hadn't thought of this leukemia I'm dealing with as a zero, but my early experiences were so spiritual and so positive, I finally have an archetypal context to fit it in with everything else. Your book is a gift.*

B.H., anthropologist/musician

## Its love and dedication stagger the imagination.

*With or without Volume One under your belt, the amounts of love and dedication between the covers of this book stagger the imagination. It can open up new avenues of thought and interpretation numerologically, but is best used as a serious research tome for serious students, and it's definitely not beach reading.*

Michael Lutin - [astrologer/performer](#)

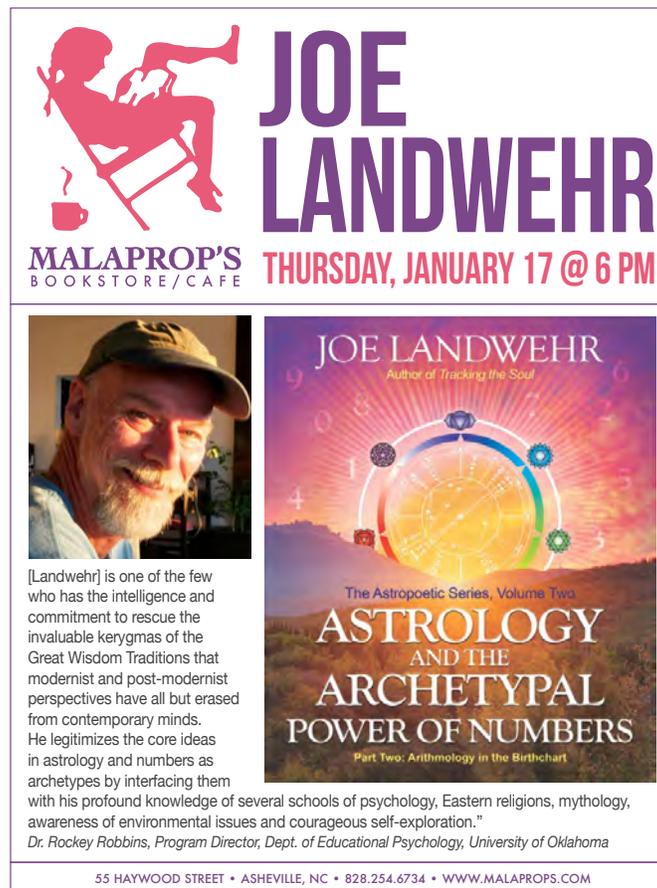
## Expect to gain major insights into your chart.

*Landwehr writes clearly, but he'd never be accused of spoon-feeding. Expect to have to work with this material in order to understand it fully. This is a system that's meant to be used, not just intellectualized. And for those who work with it, expect to gain major insights into your chart. Highly recommended for those . . . willing to take time.*

Donna Van Toen - in the December 2018 issue of [International Astrologer](#)

This book will not be available on Amazon or in local bookstores (unless you happen to be close enough to Asheville, North Carolina – where you can get a copy from [Malaprop's Bookstore/Café](#)).

Here's the flyer for the book-signing I did there on January 17. Thanks to Anyaa, Judith, Liza, Danu, Ronnie, Maarish and everyone else who joined me for that fun event.



**JOE LANDWEHR**  
THURSDAY, JANUARY 17 @ 6 PM

MALAPROP'S  
BOOKSTORE/CAFE

JOE LANDWEHR  
*Author of Tracking the Soul*

The Astropeoetic Series, Volume Two  
**ASTROLOGY  
AND THE  
ARCHETYPAL  
POWER OF NUMBERS**  
*Part Two: Arithmology in the Birthchart*

[Landwehr] is one of the few who has the intelligence and commitment to rescue the invaluable kerygmas of the Great Wisdom Traditions that modernist and post-modernist perspectives have all but erased from contemporary minds. He legitimizes the core ideas in astrology and numbers as archetypes by interfacing them with his profound knowledge of several schools of psychology, Eastern religions, mythology, awareness of environmental issues and courageous self-exploration."  
*Dr. Rocky Robbins, Program Director, Dept. of Educational Psychology, University of Oklahoma*

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You can order my new book directly from [my website](#). While there, you can also view the [Table of Contents](#) and read the entire [Introduction](#).

## Tracking the Soul Workshop 2019



*I am deeply grateful for this experience. I know that much of the change is permanent, that my life is irrevocably altered – past, present and future.*

CT – 2018 workshop participant

For the past five years, I have taught an annual workshop based upon my second book entitled [Tracking the Soul With an Astrology of Consciousness](#). The book integrates astrology and the chakra system of yogic philosophy and explores the way that the astrological birthchart can be a map, not just to personality or to the skillful navigation of life circumstances, but also to personal growth.

From the soul's perspective, each of us is born into this life with unfinished business. Often, we experience this unfinished business as a wounding in childhood, which then gives rise to various issues, which generally cause problems throughout our lives, until we face them with a clear intention to address them, and ultimately to heal the underlying wounds at their core. When we do, this important decision becomes the moment we consciously step onto the path of our soul's journey toward Wholeness, or from an ultimately spiritual perspective, the return journey back to our Source in Spirit.

For me, the moment of wounding came at age 3, when I was playing king of the mountain with the neighborhood kids on a pile of ashes in my grandfather's backyard. I momentarily made it to the top of the mountain, only to have the other kids gang up on me, stuff ashes into my mouth and nose, and nearly kill me. If it hadn't been for my grandfather's rescue, I would not be writing these words now.

Instead, I was rushed to the hospital where I spent several months recuperating from pneumonia. This event set in motion several core issues, which in retrospect have served as the pivot point for a lifetime of growth: not just the obvious lung issues, which have waxed and waned; but also an inability to trust others; a fear of winning; and an explosive anger seeking some constructive outlet, to name just a few. Throughout a lifetime in which these issues have periodically come to the fore and caused problems and difficulties, I have learned a great deal. I won't say I am completely healed, but I am most definitely a better, more conscious, more empowered person for having had to wrestle with them. This in fact is the essence of my soul's journey back toward Wholeness, as I now understand it, looking back.

In my 20s, as part of my soul's quest for healing of my lungs, I started studying kundalini yoga, where breathwork is central. I eventually moved into an ashram in Connecticut, then moved across country to join the newly formed Kundalini Research Institute in California. At the Institute, my job was to tape and transcribe Yogi Bhanjan's lectures, teach kundalini yoga, and after awhile, help train teachers of kundalini yoga. Around the same time I discovered astrology, and started doing charts for everyone who came through the teacher's training program.

While living in the ashram, it soon became apparent to me that raising kundalini also raised buried psychological issues, and ultimately brought core wounds to the surface. Because there didn't seem to be sufficient support for this aspect of the spiritual practice, I felt the necessity for additional training in psychology. So I enrolled in graduate school, and got my Master Degree in Marriage, Family and Child counseling.

Through these formative years, I started weaving together the three threads that constitute the heart and soul of my work – astrology, yogic philosophy – particularly regarding the chakras, and western psychology – particularly the psychology of Carl Jung, and various humanistic and transpersonal schools of thought. There is no better methodology in my opinion than astrology for mapping core issues and determining the timing for the triggering – and attendant opportunity for healing – of these issues. A background in psychology adds depth of understanding to any astrological practice, and is absolute necessary for any astrologer working with core issues. Meanwhile, a yogic perspective and understanding of the chakras provides a spiritual context in which working with core issues can be understood as a matter of consciousness. Knowing how core issues are mapped to the chakra system in turn also gives the perspective necessary to devise strategies for more consciously addressing and transmuting these core issues, and ultimately to healing the core wounds that reverberate beneath the surface.

I could not have articulated this understanding back in my 20s, but one full Saturn cycle (about 30 years) later, I wrote the book – [Tracking the Soul](#) – on which this workshop is based, and started to put together the system that I now use to work with people in this way. The process has been refined over the course of the last 12 years or so since the book was written, and through the course of five workshops conducted over the past 6 years.

Since 2016, I have been working with another gifted astrologer - Julie Yeaman – who also owns and operates a retreat center called [Spirit Matters](#) in Almonte, Ontario, Canada – roughly halfway between Toronto and Montreal. This will be our third

workshop together. Each one is a little different, custom designed to address the common themes that individual participants bring to the workshop. This keeps it interesting and fresh for everyone, and several participants have benefitted from returning for a second helping.

I used to teach the astrology behind my system as part of the workshop, but gradually began to feel that this added layer of information was getting in the way of participants having an actual experience of shifting core issues and healing core wounds. So in 2014, I removed astrology from the program. It still provides the invisible scaffolding for the workshop, but the workshop itself is a carefully crafted opportunity for participants to become more conscious of their patterns, and if ready, shift them to a higher, more conscious, more creative, more empowered level of expression.

Prior to the workshop, Julie and I use our knowledge of astrology to work one-on-one with each participant in a series of 6 private 1-hour sessions – to identify patterns ready to be shifted, to track the stories of those patterns, and to begin to imagine what life might look and feel like at a higher turn of the evolutionary spiral.

At the workshop itself, the group energy field, charged with a shared intention to learn and grow creates a sacred space in which genuine soul growth becomes possible. After a day to share our stories, we work (and play) together through a series of exercises and experiences built around common themes to embody our insights so they can effect deep and lasting transformation.

At our last workshop, for example, we explored the roles our mothers have played in passing on lessons from the patriarchy about what it means to be a woman (or a man) and the ways in which these messages have limited us. With women composing the majority of participants at this particular workshop, in general, these messages revolved around becoming smaller and more invisible than we really are; suppressing our emotions – particular fiery emotions like anger and outrage; and orienting ourselves around service and caretaking, instead of self-actualization.

In our preparation for the workshop, Julie and I then designed exercises to address these themes. We had a “show and tell” about our mothers – sharing their favorite music, our favorite photographs and stories about them, and the comfort food they prepared for us. We had a values “auction” bidding against each other with Monopoly money for the values we claim to hold dear. We raged at all the injustices in our lives and around the world, and sought to transmute this raw energy with movement, art exercises, and Heart Math meditations. We practiced speaking hard truths to others in our lives, whom we felt needed to hear us. Lastly, we had a costume dance party that allowed each of us to step into an expanded identity and be seen and appreciated.

In short, we had fun – while exploring the possibility of living a larger life. In these troubled times, it is important for each of us to step up, do the healing we need to do, access and cultivate our creative resources, and dedicate ourselves to making a difference in the world. Our mutual desire to do this important work is what made it possible for everyone, and an actual opportunity to make a quantum leap for some.

This year will be entirely different, depending on who shows up.

About the workshop, past participants have said:

The concept is brilliant: working on your core issues in a beautiful and powerful setting. Eating vegetarian food. Bringing in exercise and meditation to complement it. It was the first time that I really sat down and thought of my life in that way and it was helpful.

The workshop was really, really something for me. It was wonderful, scary, fun, sacred, mind jarring, a time of growth and peace and a whole lot more.

Thank you so much for the incredibly deep work that you guided us through and birthed us through during those few days. I feel different inside and more surefooted on the outside.

I would say that it was life altering. I feel that strongly and I don't say that lightly, perhaps because I've done some personal growth work before. I was ready to heal and I'm extremely grateful for this past weekend.

If you find yourself resonating with this brief description of what we offer, and you are ready to take a quantum leap, the **[2019 Tracking the Soul Workshop](#)** may be the opportunity you have been looking for.

This year's workshop will be held again at Spirit Matters near Almonte, Ontario, Canada in July 25 - 29. Personal mentoring will start no later than April 1. If you are interested, you can read more about the workshop and sign up [here](#).

We purposely keep these workshops small, so if you feel this experience might be for you, it is best not to hesitate. Take a leap.

## Private Couples Intensives



My new partner Anyaa McAndrew and I are now available to work with couples. [Anyaa McAndrew](#) is an accomplished psychotherapist, shamanic astrologer, and ordained priestess with an extraordinary set of skills that nicely complements my own. In our work we use a variety of modalities to identify and clear patterns, customizing our approach for each couple. We are available for 5-day minimum intensives at Isis Cove in the Smoky Mountains of western North Carolina (an hour from Asheville) or at your home.

**Here is what a recent couple had to say about their experience:**

*Five stars! Working with Joe and Anyaa has been delightful. I was a skeptic at first as this sort of thing is a bit woo woo for a rational, scientific guy like me. But I was pleasantly surprised at the insight and wisdom that I received every day from Joe. Anyaa followed up each day with breathwork, past life regression, and an Enneagram, which dovetailed nicely with the work I was doing with Joe. I enjoyed working with them so much, I invited them to come to stay at our home and have Joe work with my wife, while Anyaa taught us about sexual healing as a couple, and provided some well-timed EMDR therapy for my wife. These are caring, loving, and highly professional practitioners, and I highly recommend them.*

Email me at [jlandwehr@astropoetics.com](mailto:jlandwehr@astropoetics.com) for more information and to chat about the possibilities. You can also contact Anyaa at [anyaa@goddessonthehouse.com](mailto:anyaa@goddessonthehouse.com). Due to our busy schedule, we need plenty of advance notice to schedule Couples Intensives.

## **The Astropoetic School of Soul-Discovery**

**Where Your Life is the Classroom**

### **Ancient Tower Press**

**Celebrating the Sacred Mysteries**

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#### **Quote of the Month**

from *A History of Western Astrology, Vol 1* by Nicholas Campion

*At a certain point in human evolution, our ancestors developed the ability to consciously evaluate and reflect on the natural world . . . Some time after this momentous event, perhaps tens or hundreds of thousands of years later, human beings began to believe that celestial events revealed a deeper meaning, purpose or intent, governed, perhaps by gods and goddesses, or some supreme cosmic order. The natural world was divine, alive, possessed of personality . . . Human society is not confined to the people, but includes animals, plants, stones and stars, with whom individuals may have a personal relationship . . . One respects the earth because it is one's mother, an animal because it may be a reborn ancestor, and the stars because they are messengers, guardians and protectors. The prevailing myth was what we would call ecological.*